



For improved cassava planting materials, contact;

The Uganda National Cassava Programme, Namulonge  
Agricultural and Animal Production Research Institute,  
P.O.Box 7084 Kampala

# GROW IMPROVED CASSAVA VARIETIES



## FOR FOOD SECURITY AND INCOME GENERATION



## Introduction

Cassava is the most important root crop in Uganda and is widely grown almost throughout the country. It serves both as food and cash crop for many households.

## Importance of Cassava

- Cassava provides food in many forms; it is eaten in raw form, fresh boil, roasted, fried chips, baked bread cakes and pan-cakes
- The leaves are used for making sauce
- The flour is mixed with millet flour for bread
- The flour is used for making porridge for premature babies
- Cassava is used for distilling industrial spirits and provides materials for brewing local gins
- It provides raw materials for paper coating and making glue,
- Used in pharmaceutical industries for coating drugs,
- Provides construction materials (cement and plaster),
- Dried cassava stems provide wood fuel
- Cassava is used in textile industries as binder for clothes
- Cassava starch is used for killing termites
- Used for making poultry and animal feed

It is critical to keep cassava weed-free for the first six months

**Farm inputs for its production:** Cassava requires early land preparation, deep seed bed, and stake length spacing of 1m x 1m. However, growing cassava varieties easily attacked by pests and diseases, especially cassava mosaic disease (CMD) results into low yields, food scarcity, poor health and poverty.

The Uganda National Cassava Programme, under NARO is mandated to conduct research on cassava on behalf of the public. The programme has released twelve improved cassava varieties NASE 1-12 and many more varieties are still under evaluation. Growing improved cassava varieties leads to better results.

## The Advantages of Improved Varieties are:

- High yielding
- Draught tolerant
- Pests and disease tolerant
- Weed tolerant
- Adaptable to most area
- Early maturing
- Stores long in soil
- Tastes sweet
- Multiply rapidly
- Used in many consumable forms
- Easily transformed into cash

You will be better off growing improved cassava varieties, not only for food security, but also for increased family income. The family with assured food and income stays together in social harmony.